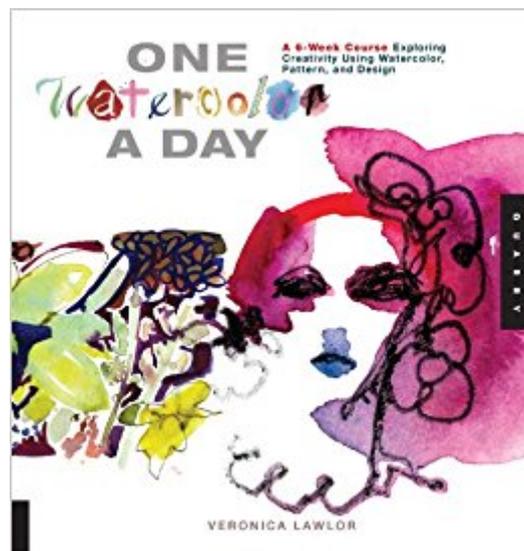


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# One Watercolor A Day: A 6-Week Course Exploring Creativity Using Watercolor, Pattern, And Design (One A Day)



## Synopsis

Spark new ideas and increase your creativity with *One Watercolor a Day*. This enchanting art book contains six weeks' worth of daily watercolor paintings and exercises to help you cultivate your imagination and develop your style. Each day will bring you a new painting by one of eight professional illustrators and includes a description of the work, helpful comments by the artist, and a companion exercise that encourages you to put brush to paper to create your own works of art. Uncover new techniques and solutions, and get valuable advice on how to approach and execute your own artwork. Professional tips throughout the book will broaden your knowledge on watercolor painting. *One Watercolor a Day* brings the world of watercolor painting to your paintbrush and is sure to become a motivational and inspirational book in your personal library.

## Book Information

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Average Customer Review: 3.8 out of 5 stars [See all reviews](#) (36 customer reviews)

Best Sellers Rank: #171,639 in Books (See Top 100 in Books) #139 in [Books > Arts & Photography > Painting > Watercolor](#) #578 in [Books > Self-Help > Creativity](#) #4769 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies](#)

## Customer Reviews

*One Watercolor A Day* follows the same style as Veronica Lawlor's previous book *One Drawing A Day*. It's a 6-week course of 42 daily exercises on experimenting with watercolour. The exercises are actually subjects that you can draw such as still life, landscapes, people, places, patterns and other miscellaneous ideas. If you're looking for ideas on things to draw, maybe this is the book for you. This is not a book on watercolour techniques. The visual examples are loose and expressive. Very much like watercolour doodles, not the realistic representational kind, so there's no stress on trying to match the quality that you see. The goal is to have some fun while exploring the styles offered and suggested by the different artists featured in the book. The artists are from Studio 1482,

namely Veronica Lawlor, Despina Georgiadis, Eddie Peñ a, Dominick Santise, Greg Betza, Michele Bedigian and Margaret Hurst. It's a fun book for those who feel like trying something spontaneous, new or different for a change. (There are more pictures of the book on my blog. Just visit my profile for the link.)

This is a fantastic book for beginners or artists looking to get an extra creative spark. The watercolor artwork represented in it is outstanding, but the more outstanding thing about this book are the activities. The work that is described really gets an artist thinking about how to create and more importantly how to think. It does not dwell on technique or materials which a lot of art books can do. It dwells on how to be creative everyday and how to find the best way for you as an artist to become better. I will be recommending this book to all my friends that want to learn watercolors and how to be an artist.

Watercolor is a medium with a reputation for being difficult to learn and master. "One Watercolor A Day" dispels that in its first few pages. If you're just starting out, if you've hit a bump in your work or if you just want to branch out, order it now and spend the next month follows the author's friendly advice. I have been painting watercolors for over a decade but this book surprises and delights me every day. It has clear, intelligent advice, inspiring examples, and a general air of "you can do it" that has jogged me in all sorts of new directions.

I'm an art-class addict, and so any art book that contains the words "course" or "workshop" in the title is immediately of interest to me. I also love to work in watercolor paint, but I find my commitment to it ebbs and flows and I was hoping this book might provide me with six solid weeks of inspiration. And it does- sort of. The book is actually six weeks of prompts rather than lessons. Each "prompt" is about a paragraph or two long (for example "paint a body in motion", "create a portrait in a color you hate", "paint beautiful flowers"), basically giving you the subject matter of your painting and a \*little\* bit of guidance, style-wise. But that's about it. There are no techniques, no styles, no real "tips and tricks" to develop your watercolor skills. The basic message of this book is that if you do commit to six weeks of doing a daily watercolor painting, your skills will basically develop on their own, because you are mastering the medium just by becoming so familiar with it. There's truth to that, of course, but it's really nice to be able to pick up some new methods along the way, things you can't learn simply by playing around. Another issue I have with this book is the lack of source material. Most of the prompts in the book instruct the reader to paint something from real life- a

portrait, architecture, a still life. And with each prompt, there is a completed watercolor illustration that serves as an example of the prompt. But there are NO source materials pictured with the watercolor images, so it's a little hard to figure out how, exactly, the artist might have put his/her own spin on things via the medium of watercolor. It would be nice to see the landscape that served as the basis of the watercolor illustration you are looking at, or the still life that the artist painted in one color, just so you can see how values and shades were translated via watercolor. Finally, I wasn't really crazy about any of the art in this book. It's all quick sketches using watercolor paints. I'm drawn to pattern and vibrant colors, and this book didn't deliver either. Most every prompt is firmly rooted in copying something from real life. In a way, this book is like flipping through a sketchbook that someone painted in VERY QUICKLY. Every image is comprised of just a few loose strokes. But I stand by my four star review simply because I DO believe that six weeks of daily watercolors WILL teach you a whole lot about the medium and your own style as an artist. And if you go through the book one lesson at a time, every single day, you'll learn a lot. But if you are like me -someone who likes to not only read a book from cover to cover, but then dip back into it for inspiration afterwards time and time again - this book doesn't have much of a shelf life. There's no paintings or ideas in here that made me say "wow! This is so inspiring!" and spark my interest.

This book, as a follow-up to the immensely wonderful "One Drawing a Day", allows depth, experimentation, exploration, and possibilities to a medium that is both exciting and sometimes intimidating. Also, the watercolor examples inside are amazing enough for a purchase on their own! A fantastic book for beginners and experienced/professional artists, and a great book as an upcoming New Years Resolution, as well!

This is about the best painting instruction book I have ever worked with. Here's today's project. Here's an example of what someone in our group did. Here's another. Just a thought or two to keep in mind while you are working. OK. Go to it. What else do you need. No gorgeous, professional quality pictures you pretend to copy in four easy steps and then conclude you are hopeless because your version is a mess. I am on Day 14 in this book and I have learned something from each one. I am trying not to look at the next lesson until I finish today's. I suspect some people would be disappointed with "One Watercolor a Day" because of the loose, free-form quality of the examples given. I have read too many teaching books with beautiful pictures and found them ultimately discouraging. The hands-on approach in this book is super.

Felt a bit duped, since not really about watercolor. More about expressing through different media with a focus on design.

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