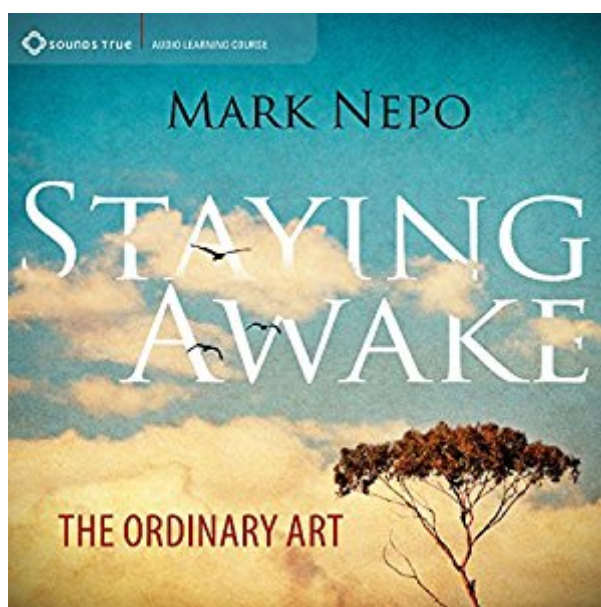


The book was found

Staying Awake: The Ordinary Art



Synopsis

Most of us can remember a time when we felt completely awake - fully present, deeply engaged, our heart and mind wide open. We also know those periods of sleepiness when our purpose is unclear, we lose our way in relationship, and life's challenges seem more than we can bear. In *Staying Awake*, Mark Nepo invites us to inhabit our truest selves "in all ways in all directions", as we find our own voices in the One Conversation in which each of our lives is a story waiting to be told.

Book Information

Audible Audio Edition

Listening Length: 8 hours and 27 minutes

Program Type: Audiobook

Version: Original recording

Publisher: Sounds True

Audible.com Release Date: May 15, 2012

Language: English

ASIN: B0083J5MPS

Best Sellers Rank: #88 in Books > Audible Audiobooks > Fiction & Literature > Poetry #310

in Books > Literature & Fiction > Poetry > Themes & Styles > Inspirational & Religious

[Download to continue reading...](#)

Staying Awake: The Ordinary Art Staying Healthy in Asia, Africa, and Latin America (Moon Handbooks *Staying Healthy in Asia, Africa & Latin America*) *Ordinary People Change the World Gift Set* (*Ordinary People Change World*) *Awake at the Bedside: Contemplative Teachings on Palliative and End-of-Life Care* *Awake: the Life of Yogananda - Music from the Original Soundtrack* *The Wide-Awake Princess* *DEAD IN THE WATER; FOREVER AWAKE. Investigating the Smiley Face Killers. Falling Awake* (Brilliance Audio on Compact Disc) Jayne Ann Krentz CD Collection 2: *Light in Shadow, Truth or Dare, Falling Awake* Jayne Ann Krentz CD Collection 2: *Light in Shadow, Truth or Dare, Falling Awake* (Jayne Ann Krentz CD Collections) *Falling Awake* LaFosse & Alexander's *Dollar Origami: Convert Your Ordinary Cash into Extraordinary Art!* [Origami Book with DVD, 48 Bills, 20 Projects] LaFosse & Alexander's *Dollar Origami: Convert Your Ordinary Cash into Extraordinary Art!* [Downloadable Material Included] *Art: Painting For Artists - Styles: Acrylic And Oil Painting* (art history, art books, art theory, art techniques Book 2) *Staying Up Much Too Late: Edward Hopper's Nighthawks and the Dark Side of the American Psyche* John Travolta, *Staying fit!*: His complete program for reshaping your body through weight resistance training and modern

dance techniques Beyond Bigger Leaner Stronger: The Advanced Guide to Building Muscle, Staying Lean, and Getting Strong: (The Build Muscle, Get Lean, and Stay Healthy Series) Staying Safe on the School Bus Oh, The Things You Can Do That Are Good for You: All About Staying Healthy (Cat in the Hat's Learning Library) Staying Safe Online

[Dmca](#)