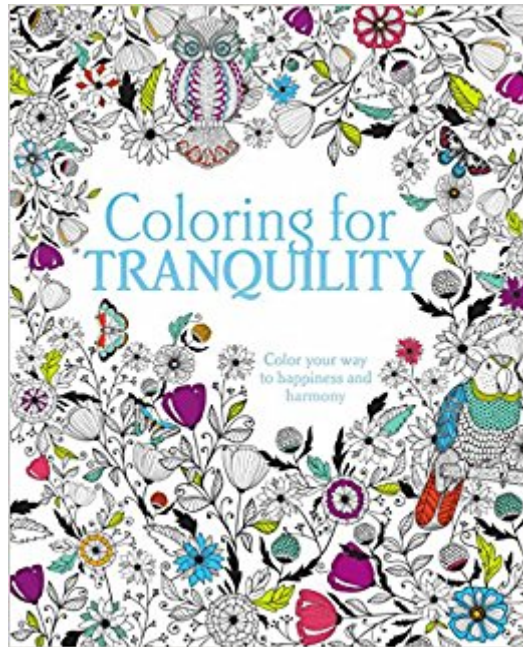


The book was found

# Coloring For Tranquility



## Synopsis

Adult coloring books are all the rage and this book is designed specifically to help you color your way to a more peaceful and tranquil state. The beautiful calming art patterns promote a sense of mindfulness, and the act of coloring relieves stress and can be both creatively stimulating and help you achieve a Zen-like state of mind as well.

## Book Information

Paperback: 288 pages

Publisher: Parragon Books Ltd; Clr edition (October 27, 2015)

Language: English

ISBN-10: 1474817424

ISBN-13: 978-1474817424

Product Dimensions: 8.5 x 0.7 x 10.6 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (10 customer reviews)

Best Sellers Rank: #276,603 in Books (See Top 100 in Books) #82 in [Books > Arts & Photography > Drawing > Colored Pencil](#) #174 in [Books > Arts & Photography > Drawing > Pencil](#) #1940 in [Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups](#)

## Customer Reviews

There are a lot of patterns in this book and not as many regular pictures but if you like a challenge and want something that will take awhile this is it. I attached a picture of some examples from the book.

This is my first adult coloring book and I'm truly enjoying it. My favorite thing about the book is that it has a variety of pictures. Whether I feel like coloring flowers, shapes, or other designs there's a picture in here for any mood I'm in. There are more floral designs than anything though so if that's not your thing I wouldn't recommend this particular book.

This coloring book has quickly become my favorite. There is wide variety of designs and difficulty which allows you to choose how much attention to detail if you want to pay. The paper is thick and I have had no issues with bleed through from gel pens.

One of the worst coloring books ever. The pages started coming out after looking through it the first

time. Some of the images are printed so off center that part of the picture is in the margin. Images are stock images printed on both sides of the page and the book was slightly warped when I got it. There weren't as many nature images as the front cover would suggest. There were a lot of geometric type of images of lines and waves. That's not the type of things I like to color. This book will be going back.

Sadly disappointed that most of the pictures are centered on the middle binding making it impossible to color in the book, and cutting them out would make you lose part of the picture.

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